


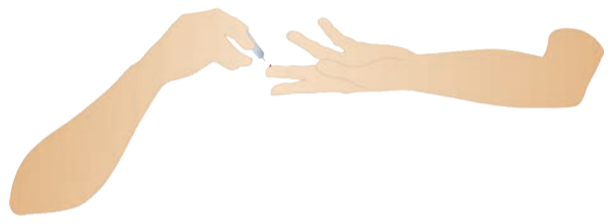






Symptoms	Fatigue / drowsiness / feeling of weakness	Dry mouth / thirst	Frequent urination
			

How to respond?	Check blood sugar (every 2 – 4 hours)		
	Drink a lot of fluids! Fluid intake without sugar, e.g. unsweetened tea, natural mineral water, water		
	In addition, for nausea, vomiting, abdominal pain and blood sugar above 15 mmol/l: consult a doctor immediately!		
	Discuss therapy to lower blood sugar levels with the doctor once again!		

Possible causes	<ul style="list-style-type: none">• Poor diet• Infections, fever (e.g. inflammations of the upper airways and the urinary tract, gastrointestinal inflammations)• Failure to adhere to the blood sugar lowering therapy• Neglecting to take the blood sugar lowering medications• Medications that impair the effect of insulin (e.g. cortisone)
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